



just one body
osteopathy and sports rehabilitation

Osteopathy and Sports Rehabilitation

Osteopathy is a system of diagnosis and treatment for a wide range of musculoskeletal conditions. It works with the anatomy and function of the body and is based on the principle that the well-being of an individual depends on the skeleton, muscles, ligaments and connective tissues functioning smoothly together.

We treat:

- Arthritis
- Acute/Chronic back and neck pain
- Frozen shoulders
- Hip and knee pain
- Pre and post surgery care
- Sciatica
- Muscle tears and tendinitis
- Headaches
- Sports Injuries
- Shoulder Impingement

Treatment	Price
Initial consultation 45 minutes	£40
Follow up 30 minutes	£30
Follow up 60 minutes	£60

We also offer sports massage and taping/bracing

Kieran's combination of Osteopathy and sports rehabilitation create a unique approach to immediate and long term care through hands-on treatment and exercise-based therapy.

if you have any questions regarding treatment please feel free to contact us on:

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